

# KANSAS CITY HIGH SCHOOL BOYS' VOLLEYBALL LEAGUE

## Rules summary

**Primary Rules Book:** 2021-22 NFHS Volleyball Rules Book

### **HOST TEAM RESPONSIBILITIES:**

Two days prior to event, use the master contact list to contact all participating teams to confirm the event. Include the gym address, admission fees (admission fees should not exceed \$5 per person & we encourage that you allow students in free to enhance the experience for your players and increase visibility), and any other special instructions (ex. Parking, entrance instructions, etc)

Provide score sheets, libero tracking sheets, and line up sheets for the whole event. This documents can all be printed by following the links at the bottom of this document under the Resource section.

Net height – 7'11 5/8" Please try to have the center at correct height and edges no more than 3/4" off.

Reporting scores - host team report scores of all matches to [kcboysvb@hoavb.org](mailto:kcboysvb@hoavb.org) within 24 hours of matches.

### **MATCH PROTOCOL:**

Triangulars (3 team round robin): Best of three sets. Sets 1-2 played to 25 points (starting at 0-0), win by 2. Set 3 played to 15 points, win by 2. Teams will remain on the same side for the entire match, unless it is determined by the official that one side has a clear advantage. The non-playing team will provide the work team (R2, line judges, scorer, libero tracker, scoreboard operator).

If a team drops, it will be a dual match: Best of five sets. Sets 1-4 played to 25 points (starting at 0-0), win by 2. Set 5 played to 15 points, win by 2. Teams will remain on the same side for the entire match, unless it is determined by the official that one side has a clear advantage. Home team will provide the work team (R2, line judges, scorer, libero tracker, scoreboard operator).

Uniforms – Very liberal on numbers, contrast, logos, undergarments, and style.

### **WARMUP PROCEDURE:**

Prematch conference will occur with **head coach and captains**. Home team chooses their bench for Set 1. Coin toss called by visiting team. Winner of the coin toss chooses serve or receive. Team listed first will be home team.

After coin toss, 15 minute warmup:

5 minutes of shared stretching/ball handling

5 minutes for receiving team on court (NO ball handling by off team)

5 minutes for serving team on court (NO ball handling by off team)

Teams can mutually decide to reduce warmup times for 2<sup>nd</sup> and/or 3<sup>rd</sup> round of matches.

### **LINEUP PROCEDURE:**

Lineups are turned in by serving order (not by position where players start on the court). Libero must be listed on the lineup sheet.

Teams will be allowed one libero per set and that player can change from set to set.

Lineups are due with two minutes remaining in the timed warmup.

The link to print lineup sheets can be found at the end of this document under Resources.

### **LEAGUE ADAPTATIONS:**

**SUBSTITUTIONS:** Unlimited legal team substitutions will be allowed. Deciding set in a best-of-three match will be played to 15 points.

**GAME BALL:** The ball can be either the Molten Flistatec or a volleyball that is an approved game ball by MSHSAA/KSHSAA. The host school has the final say on game ball choice assuming that it is legal based on the previous mentioned criteria.

**NET RULE:** Contact with the net by a player between the antennae, during the action of playing the ball, is a fault. (USAV 11.2)

**CENTER LINE RULE:** It is permitted to penetrate into the opponent's space under the net, provided that this does not interfere with the opponent's play or create safety issue.(USAV 11.3)

**PLAYERS/ASSISTANT COACHES ON THE BENCH:** Can stand at the end of the bench or be seated on the bench. Head Coach and ONE Assistant Coach can stand during play.(USAV 4.2)

### **NFHS PLAYING RULE REMINDERS:**

**TOSS FOR SERVICE:** After ball is released for service, it may be caught or allowed to drop to floor for a re-serve. Only one re-serve per player is allowed per term of service. Five seconds are allowed for service contact. Ball does not need to be released/tossed before service contact.

**ATTACKING THE SERVE:** Attacking a served ball while the ball is completely above the height of the net is not permitted.

**BLOCKING THE SERVE:** Prohibited.

**LIBEROS SERVING:** Libero will be allowed to serve in one position in the serving order.

**ARTIFICIAL NOISEMAKERS:** Prohibited.

**SANCTIONS:** Yellow card (warning), Red card (penalty point), Yellow and Red cards in separate hands (disqualification and penalty point). Cards carry over from set to set throughout the match. If the head coach or someone on the bench is sanctioned, the head coach is required to be seated for the remainder of the match.

**TIME OUTS:** One minute long. Each team has two time outs per set. Ballhandling is not allowed during time outs.

**BETWEEN SETS:** Three minutes. Lineups are to be turned in with one minute remaining in the interval. Ball handling is allowed between sets on your own side – no hitting across the net.

**COIN TOSS FOR DECIDING SET:** If a deciding set is necessary, the home team will call the toss. The winner of the coin toss can choose serve or receive.

**PURSUIT RULE:** A live ball becomes dead when it passes completely beyond the plane of the net outside the antennas. Therefore, a player will not be allowed to play such a ball after it becomes dead.

## **Resources**

Scoresheet

<http://kcboysvb.org/wp-content/uploads/2019/03/NFHS-Scoresheet.pdf>

Libero tracking sheet

<https://www.mshsaa.org/resources/pdf/libero.pdf>

Line up sheet

<https://www.mshsaa.org/resources/pdf/Volleyball%20Lineup%20and%20Team%20Roster%20Sheet.pdf>